

CATEGORY	NO.	SECTOR	DESCRIPTION	TOTAL AMOUNT NEEDED	AMOUNT GAINED	AMOUNT REMAINING	ACCOMPLISHMENT
BALL CONTROL	1	Drawing Fouls	Get fouled & win 10 free kicks in your career	10		10	BALL CONTROL +1
BALL CONTROL	2	Matches Completed	Play 11 matches as part of a club in your career	11		11	BALL CONTROL +2
BALL CONTROL	3	Matches Completed	Play 16 matches as part of a club in your career	16		16	DRIBBLING +1
BALL CONTROL	4	Drawing Fouls	Get fouled & win 45 free kicks in your career	45		45	BALL CONTROL +1
BALL CONTROL	5	Matches Completed	Play 45 matches as part of a club in your career	45		45	DRIBBLING +2
BALL CONTROL	6	Short Passes	Complete 450 accurate short passes in your career	450		450	BALL CONTROL +2
BALL CONTROL	7	Matches Completed	Play 100 matches as part of a club in your career	100		100	BALL CONTROL +2
BALL CONTROL	8	Matches Completed	Play 111 matches as part of a club in your career	111		111	DRIBBLING +1
BALL CONTROL	9	Beating Players with Skill	Beat a player off the dribble with skill twice in your career	2		2	BALL CONTROL +1
BALL CONTROL	10	Complete Crosses	Complete 8 accurate crosses in your career	8		8	CURVE +2
BALL CONTROL	11	Beating Players off Dribble	Beat a player off the dribble 8 times in your career	8		8	+1 STAR SKILL MOVES
BALL CONTROL	12	Beating Players off Dribble	Beat a player off the dribble 15 times in your career	15		15	DRIBBLING +2
BALL CONTROL	13	Beating Players with Skill	Beat a player off the dribble with skill 10 times in your career	10		10	+1 STAR SKILL MOVES
BALL CONTROL	14	Goals from Free Kicks	Score from a free kick twice in your career	2		2	CURVE +1
BALL CONTROL	15	Beating Players with Skill	Beat a player off the dribble with skill 8 times in your career	8		8	DRIBBLING +2
BALL CONTROL	16	Complete Crosses	Complete 35 accurate crosses in your career	35		35	CURVE +1
BALL CONTROL	17	Beating Players with Skill	Beat a player off the dribble with skill 15 times in your career	15		15	+1 STAR SKILL MOVES
BALL CONTROL	18	Fake Shots in the Box	Perform a fake shot inside the box 6 times in your career	6		6	BALL CONTROL +1
BALL CONTROL	19	Assists from Corners	Create a goal from a corner kick 5 times in your career	5		5	CURVE +1
BALL CONTROL	20	Beating Players with Skill	Beat a player off the dribble with skill 12 times in your career	12		12	DRIBBLING +2
BALL CONTROL	21	Complete Crosses	Complete 65 accurate crosses in your career	65		65	CURVE +2
BALL CONTROL	22	Assists from Corners	Create a goal from a corner kick 10 times in your career	10		10	CURVE +2
BALL CONTROL	23	Fake Shots in the Box	Perform a fake shot inside the box 20 times in your career	20		20	DRIBBLING +1
BALL CONTROL	24	Switch the Play	Switch up the play by swapping wings 60 times in your career	60		60	BALL CONTROL +1
BALL CONTROL	25	Complete Crosses	Complete 200 accurate crosses in your career	200		200	CURVE +2
DEFENCE	1	Matches Completed	Play 4 matches as part of a club as a midfielder or defender in your career	4		4	MARKING +1
DEFENCE	2	Standing Tackles	Complete 30 standing tackles in your career	30		30	STANDING TACKLE +1
DEFENCE	3	Standing Tackles	Complete 90 standing tackles and a midfielder or defender in your career	90		90	STANDING TACKLE +1
DEFENCE	4	Matches Completed	Complete 107 matches as part of a club as a defender in your career	107		107	MARKING +1
DEFENCE	5	Standing Tackles	Complete 107 standing tackles and a midfielder or defender in your career	107		107	STANDING TACKLE +2
DEFENCE	6	Standing Tackles	Complete 250 standing tackles and a defender in your career	250		250	STANDING TACKLE +2
DEFENCE	7	Standing Tackles	Complete 375 standing tackles and a defender in your career	375		375	STANDING TACKLE +2
DEFENCE	8	Slide Tackles	Complete 6 slide tackles as a midfielder or defender in your career	6		6	SLIDING TACKLE +1
DEFENCE	9	Blocked Shots	Block a shot on goal 8 times as a midfielder or defender in your career	8		8	MARKING +1
DEFENCE	10	Defensive Headers in Own Box	As a defender, win 40 headers in your own box	40		40	MARKING +1
DEFENCE	11	Slide Tackles	Complete 18 slide tackles as a midfielder or defender in your career	18		18	SLIDING TACKLE +2
DEFENCE	12	Seal Outs	Seal out an opponent and take possession 8 times as a midfielder or defender in your career	8		8	MARKING +1
DEFENCE	13	Slide Tackles	Complete 36 slide tackles as a defender in your career	36		36	SLIDING TACKLE +2
DEFENCE	14	Blocked Shots	Block a shot on goal 20 times as a defender in your career	20		20	MARKING +1
DEFENCE	15	End Match With 60% Stand Tackle Accuracy	Complete 16 matches with a 60% or higher standing tackle accuracy as a midfielder or defender	16		16	STANDING TACKLE +1
DEFENCE	16	End Match With 50% Slide Tackle Accuracy	Complete 25 matches with a 50% or higher slide tackle accuracy as a midfielder or defender	25		25	SLIDING TACKLE +1
DEFENCE	17	Slide Tackles	Complete 100 slide tackles as a defender in your career	100		100	SLIDING TACKLE +2
DEFENCE	18	Clearances	Make a clearance in your own box or under pressure 70 times as a defender in your career	70		70	MARKING +1

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DEFENCE	19	Slide Tackles	Complete 145 slide tackles as a defender in your career on a club	145		145	SLIDING TACKLE +2
DEFENCE	20	Catch the Opponent Offside	Catch the opponent offside as a defender 210 times in your career	210		210	MARKING +1
MENTAL	1	Interceptions	Intercept the ball as a midfielder or defender 6 times in your career	6		6	INTERCEPTIONS +2
MENTAL	2	Drawing Fouls	Get fouled & win 8 free kicks in your career	8		8	AGGRESSION +1
MENTAL	3	Interceptions	Intercept the ball as a midfielder or defender 18 times in your career	18		18	INTERCEPTIONS +2
MENTAL	4	Fouls	Get whistled for 6 fouls in your career	6		6	AGGRESSION +1
MENTAL	5	Assists from Through Balls	Create a goal from a through ball 6 times in your career	6		6	VISION +1
MENTAL	6	Interceptions	Intercept the ball 30 times in your career	30		30	AGGRESSION +1
MENTAL	7	Interceptions	Intercept the ball as a midfielder or defender 36 times in your career	36		36	INTERCEPTIONS +2
MENTAL	8	Passes	Complete 215 accurate ground passes in your career	215		215	VISION +1
MENTAL	9	Jumping Headers Won	Win a header 75 times in your career	75		75	AGGRESSION +1
MENTAL	10	Interceptions	Intercept the ball as a midfielder or defender 150 times in your career	150		150	INTERCEPTIONS +2
MENTAL	11	Blocked Shots	Block a shot on goal twice as a midfielder or defender in your career	2		2	AGGRESSION +1
MENTAL	12	Goals from within 3 yards	Score from close range once in your career as a midfielder or forward	1		1	ATTACK POSITIONING +2
MENTAL	13	Compete Crosses	Complete 8 accurate crosses in your career	8		8	VISION +1
MENTAL	14	Assists from Crosses	Create a goal from a cross twice in your career	2		2	VISION +1
MENTAL	15	Slide Tackles	Complete 13 slide tackles in your career	13		13	AGGRESSION +1
MENTAL	16	Seal Outs	Seal out an opponent and take possession 4 times as a defender in your career	4		4	ATTACK POSITIONING +1
MENTAL	17	Goals from Layoff Passes (First Time)	Score a goal with a layoff pass 4 times in your career	4		4	ATTACK POSITIONING +1
MENTAL	18	No Offsides in a Match	Stay disciplined with no offsides as a forward for 15 matches	15		15	ATTACK POSITIONING +1
MENTAL	19	Assists from Corners	Create a goal from a corner kick 6 times in your career	6		6	VISION +1
MENTAL	20	Goals from Volleys Inside the Box	Score from a volley inside the box 10 times in your career	10		10	ATTACK POSITIONING +1
MENTAL	21	Long Passes	Complete 75 accurate long passes as a midfielder in your career	75		75	VISION +1
MENTAL	22	Revenge Tackles	Tackle as opponent that has previously fouled you 16 times in your career	16		16	AGGRESSION +1
MENTAL	23	Goals from Layoff Passes (First Time)	Score 10 goals by hitting it first time from layoff passes in your career	10		10	ATTACK POSITIONING +1
MENTAL	24	Through Balls	Complete 275 accurate through ball passes as a midfielder in your career	275		275	VISION +1
MENTAL	25	Seal Outs	Seal out an opponent and take possession 11 times as a defender in your career	11		11	AGGRESSION +1
MENTAL	26	Goals from Standing Headers	Nod in a standing header 10 times in your career	10		10	ATTACK POSITIONING +1
MENTAL	27	Assists from Layoffs	Create a goal from a layoff pass 12 times as a midfielder in your career	12		12	VISION +1
MENTAL	28	Yellow Cards	Get booked for a yellow 20 times in your career	20		20	AGGRESSION +1
MENTAL	29	Clearances	Make a clearance in your own box or under pressure 50 times as a defender in your career	50		50	ATTACK POSITIONING +1
MENTAL	30	Passes	Complete 1800 accurate ground as a midfielder in your career	1800		1800	VISION +2
MENTAL	31	Slide Tackles	Complete 170 slide tackles in your career	170		170	AGGRESSION +1
MENTAL	32	Assists from Crosses	Create a goal from a cross 35 times in your career	35		35	VISION +1
PASSING	1	Short Passes	Complete 10 accurate short passes in your career	10		10	SHORT PASSING +1
PASSING	2	Assists	Create a goal with an assist 4 times in your career	4		4	SHORT PASSING +1
PASSING	3	Short Passes	Complete 80 accurate short passes in your career	80		80	SHORT PASSING +1
PASSING	4	Assists from Through Balls	Create a goal from a through ball 15 times in your career	15		15	LONG PASSING +1
PASSING	5	Assists	Create a goal with an assist 17 times in your career	17		17	SHORT PASSING +1
PASSING	6	Short Passes	Complete 138 accurate short passes in your career	138		138	SHORT PASSING +1
PASSING	7	Key Passes	Create 24 chances with key passes in your career	24		24	SHORT PASSING +1
PASSING	8	Assists	Create a goal with an assist 24 times in your career	24		24	LONG PASSING +1
PASSING	9	Chances Created	Create 50 possible scoring opportunities from quality passes	50		50	SHORT PASSING +1
PASSING	10	Key Passes	Create 34 chances with key passes in your career	34		34	LONG PASSING +1
PASSING	11	Short Passes	Complete 300 accurate short passes in your career as part of a club	300		300	SHORT PASSING +1
PASSING	12	Through Balls	Complete 40 accurate through ball passes in your career	40		40	LONG PASSING +1

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PASSING	13	Chances Created	Create 80 possible scoring opportunities from quality passes	80		80	SHORT PASSING +1
PASSING	14	Through Balls	Complete 350 accurate through ball passes in your career	350		350	LONG PASSING +1
PASSING	15	Long Passes	Complete 8 accurate long passes in your career	8		8	LONG PASSING +1
PASSING	16	Complete Crosses	Complete 16 accurate crosses in your career	16		16	CROSSING +1
PASSING	17	Assists from Corners	Create a goal from a corner kick twice in your career	2		2	CROSSING +1
PASSING	18	Complete Crosses	Complete 70 accurate crosses in your career	70		70	CROSSING +1
PASSING	19	Long Passes	Complete 66 accurate long passes in your career	66		66	LONG PASSING +1
PASSING	20	Assists from Layoffs	Create a goal from a layoff pass 5 times in your career	5		5	SHORT PASSING +1
PASSING	21	Assists from Corners	Create a goal from a corner kick 15 times in your career	15		15	CROSSING +1
PASSING	22	Assists from Crosses	Create a goal 25 times in your career as part of a club	25		25	CROSSING +1
PASSING	23	Long Passes	Complete 200 accurate long passes in your career as part of a club	200		200	LONG PASSING +1
PASSING	24	Assists from Through Balls	Create a goal from a through ball once in your career	1		1	LONG PASSING +1
PHYSICAL	1	Matches Completed	Play 2 matches as part of a club in your career	2		2	STAMINA +1
PHYSICAL	2	Matches Completed	Play 3 matches as part of a club in your career	3		3	ACCELERATION +1
PHYSICAL	3	Drawing Fouls	Get fouled & win 6 free kicks in your career	6		6	BALANCE +1
PHYSICAL	4	Matches Completed	Play 5 matches as part of a club in your career	5		5	AGILITY +2
PHYSICAL	5	Matches Completed	Play 6 matches as part of a club in your career	6		6	JUMPING +1
PHYSICAL	6	Drawing Fouls	Get fouled & win 13 free kicks in your career	13		13	STRENGTH +1
PHYSICAL	7	Matches Completed	Play 8 matches as part of a club in your career	8		8	SPRINT SPEED +1
PHYSICAL	8	Matches Completed	Play 9 matches as part of a club in your career	9		9	STRENGTH +1
PHYSICAL	9	Headers Won	Win a header 36 times in your career	36		36	JUMPING +1
PHYSICAL	10	Matches Completed	Play 12 matches as part of a club in your career	12		12	REACTIONS +2
PHYSICAL	11	Standing Tackles	Complete 15 standing tackles as a midfielder or defender in your career	15		15	REACTIONS +2
PHYSICAL	12	Matches Completed	Play 15 matches as part of a club in your career	15		15	STAMINA +2
PHYSICAL	13	Traveled 3500 Yards in a Match	Travel 3500 Yards in 15 matches in your career	15		15	STAMINA +2
PHYSICAL	14	Matches Completed	Play 17 matches as part of a club in your career	17		17	ACCELERATION +2
PHYSICAL	15	Headers Won	Win 51 headers in your career	51		51	JUMPING +2
PHYSICAL	16	Travelled 3500 Yards in a Match	Travelled 3500 Yards in 22 matches in your career	22		22	ACCELERATION +2
PHYSICAL	17	Headers Won	Win a header 70 times in your career	70		70	BALANCE +1
PHYSICAL	18	Matches Completed	Play 46 matches as part of a club in your career	46		46	SPRINT SPEED +1
PHYSICAL	19	Headers Won	Win a header 140 times in your career	140		140	STRENGTH +1
PHYSICAL	20	Matches Completed	Play 47 matches as part of a club in your career	47		47	BALANCE +1
PHYSICAL	21	Matches Completed	Play 50 matches as part of a club in your career	50		50	REACTIONS +2
PHYSICAL	22	Matches Completed	Play 65 matches as part of a club in your career	65		65	STAMINA +1
PHYSICAL	23	Headers Won	Win a header 200 times in your career	200		200	BALANCE +1
PHYSICAL	24	Matches Completed	Play 92 matches as part of a club in your career	92		92	BALANCE +1
PHYSICAL	25	Matches Completed	Play 95 matches as part of a club in your career	95		95	ACCELERATION +2
PHYSICAL	26	Matches Completed	Play 97 matches as part of a club in your career	97		97	AGILITY +2
PHYSICAL	27	Matches Completed	Play 115 matches as part of a club in your career	115		115	JUMPING +1
PHYSICAL	28	Matches Completed	Play 120 matches as part of a club in your career	120		120	STRENGTH +1
PHYSICAL	29	Blocked Shots	Block a shot on goal once as a midfielder or defender in your career	1		1	REACTIONS +2
PHYSICAL	30	Beating Players off Dribble	Beat a player off the dribble 16 times in your career	16		16	ACCELERATION +1
PHYSICAL	31	Play in the Rain	Play your first match in the rain	1		1	BALANCE +1
PHYSICAL	32	End Match with 50% Stamina Left	End the match with 50% stamina remaining for 3 matches as a forward	3		3	STAMINA +2
PHYSICAL	33	Seal Outs	Seal out an opponent and take possession 2 times as a defender in your career	2		2	STRENGTH +2
PHYSICAL	34	Beating Players off Dribble	Beat a player off the dribble 18 times in your career	18		18	REACTIONS +2
PHYSICAL	35	Beating Players off Dribble	Beat a player off the dribble 20 times in your career	20		20	AGILITY +1

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PHYSICAL	36	Beating Players off Dribble	Beat a player off the dribble 25 times in your career	25		25	SPRINT SPEED +1
PHYSICAL	37	Beating Players off Dribble	Beat a player off the dribble 24 times in your career	24		24	BALANCE +1
PHYSICAL	38	Fake Shots in the Box	Perform a fake shot inside the box 3 times in your career	3		3	AGILITY +1
PHYSICAL	39	Beating Players off Dribble	Beat a player off the dribble 34 times in your career	34		34	STRENGTH +1
PHYSICAL	40	Seal Outs	Seal out an opponent and take possession 5 times as a defender in your career	5		5	BALANCE +2
PHYSICAL	41	On Target Headers	Make 12 accurate headers on target in your career	12		12	REACTIONS +2
PHYSICAL	42	Beating Players off Dribble	Beat a player off the dribble 50 times in your career	50		50	SPRINT SPEED +1
PHYSICAL	43	Play in the Rain	Play your second match in the rain	2		2	AGILITY +2
PHYSICAL	44	End Match with 50% Stamina Left	End the match with 50% stamina remaining for 8 matches as a forward	8		8	STAMINA +2
PHYSICAL	45	Clearances	Make a clearance in your team box 12 times as a midfielder or a defender in your career	12		12	REACTIONS +2
PHYSICAL	46	Beating Players off Dribble	Beat a player off the dribble 66 times in your career	66		66	ACCELERATION +2
PHYSICAL	47	Jumping Headers Won	Win a jumping header 70 times in your career	70		70	JUMPING +2
PHYSICAL	48	Traveled 3500 Yards in a Match	Travel 3500 Yards in 11 matches as a forward in your career	11		11	SPRINT SPEED +2
PHYSICAL	49	No Offsides in a Match	Stay disciplined with no offsides as a midfielder or forward for 10 matches	10		10	AGILITY +1
PHYSICAL	50	Goals from Bicycle Kicks	Score a goal with a bicycle kick twice in your career	2		2	BALANCE +1
PHYSICAL	51	Defensive Headers in Own Box	Defend by getting your head on the ball 25 times in your own box	25		25	REACTIONS +2
PHYSICAL	52	Goals from Jumping Headers	Score with a jumping header 20 times in your career	20		20	JUMPING +2
PHYSICAL	53	Catch the Opponent Offside	Catch the opponent offside as a defender 100 times in your career	100		100	AGILITY +1
PHYSICAL	54	Defensive Headers in Own Box	Defend by getting your head on the ball 120 times in your own box	120		120	JUMPING +1
PHYSICAL	55	Beating Players off Dribble	Beat a player off the dribble 134 times in your career	134		134	SPRINT SPEED +2
PHYSICAL	56	Revenge Tackles	Tackle and opponent that has previously fouled you 33 times in your career	33		33	STRENGTH +1
PHYSICAL	57	Goals from Volleys Inside the Box	Score a volley inside the box 15 times in your career	15		15	REACTIONS +2
PHYSICAL	58	Matches Completed	Play 105 matches as part of a club as a midfielder or forward in your career	105		105	SPRINT SPEED +2
PHYSICAL	59	End Match with 50% Stamina Left	End the match with 50% stamina remaining for 33 matches as a midfielder or forward	33		33	STAMINA +1
PHYSICAL	60	Catch the Opponent Offside	Catch the opponent offside as a defender 190 times in your career	190		190	REACTIONS +2
PHYSICAL	61	Seal Outs	Seal out an opponent and take possession 25 times as a defender in your career	25		25	STRENGTH +2
SHOOTING	1	Headers Won	Win a header 12 times in your career	12		12	HEADING +1
SHOOTING	2	Headers Won	Win a header 190 times in your career	190		190	HEADING +1
SHOOTING	3	Goals	Score your first goal	1		1	FINISHING +1
SHOOTING	4	Goals from Finesse Shots Outside the Box	Score a goal with finesse outside the box once in your career	1		1	FK ACCURACY +2
SHOOTING	5	Shots on Target	Make 8 accurate shots on target in your career	8		8	LONG SHOTS +1
SHOOTING	6	Goals	Score 8 times in your career	8		8	PENALTIES +1
SHOOTING	7	Shots on Target	Make 12 accurate shots on target in your career	12		12	SHOT POWER +1
SHOOTING	8	Goals from Volleys	Score from a volley once in your career	1		1	VOLLEYS +1
SHOOTING	9	Goals from the Weak Foot	Score a goal with you weak foot once in your career	1		1	WEAK FOOT ABILITY +1
SHOOTING	10	Goals from Chip Shots	Score a goal with a chip shot inside the box once in your career	1		1	FINISHING +1
SHOOTING	11	Goals from Outside The Box	Score a goal outside the box 3 times in your career	3		3	LONG SHOTS +2
SHOOTING	12	Goals from Finesse Shots Inside the Box	Score a goal with finesse inside the box twice in your career	2		2	PENALTIES +1
SHOOTING	13	Physical Accomplishments	Unlock 9 Physical Accomplishments	9		9	SHOT POWER +1
SHOOTING	14	Goals from Volleys	Score from a volley twice in your career	2		2	VOLLEYS +1
SHOOTING	15	Goals from Finesse Shots Outside the Box	Score a goal with a finesse shot outside the box 3 times in your career	3		3	FK ACCURACY +2
SHOOTING	16	Goals from Jumping Headers	Score with a jumping header 30 times in your career	30		30	HEADING +1
SHOOTING	17	Goals from Finesse Shots Outside the Box	Score a goal with a finesse shot outside the box 5 times in your career	5		5	LONG SHOTS +2
SHOOTING	18	Goals from Laces Shots Inside the Box	Drill in a goal with laces inside the box 5 times in your career	5		5	PENALTIES +1
SHOOTING	19	Goals from 30 Yards Out	Score a goal 30 yards out or further 3 times in your career	3		3	SHOT POWER +1

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SHOOTING	20	Goals from Finesse Shots Inside the Box	Score a goal with finesse inside the box 5 times in your career	5		5	FINISHING +1
SHOOTING	21	Goals from Standing Headers	Nod in a standing header 15 times in your career	15		15	HEADING +1
SHOOTING	22	Goals from Volleys Inside the Box	Score from a volley inside the box 4 times in your career	4		4	VOLLEYS +1
SHOOTING	23	Shots on Target	Make 50 accurate shots on target in your career	50		50	PENALTIES +1
SHOOTING	24	Goals from Laces Shots Outside the Box	Drill in a goal with laces outside the box 5 times in your career	5		5	SHOT POWER +1
SHOOTING	25	Goals from Laces Shots Inside the Box	Drill in a goal with laces inside the box 6 times in your career	6		6	FINISHING +1
SHOOTING	26	Goals from Volleys with your Weak Foot	Score from a volley with your weak foot 5 times in your career	5		5	WEAK FOOT ABILITY +1
SHOOTING	27	Goals from Laces Shots Outside the Box	Hammer home a goal with laces outside the box 6 times in your career	6		6	FK ACCURACY +2
SHOOTING	28	Defensive Headers in Own Box	Defend by getting your head on the ball 15 times in your own box	15		15	HEADING +1
SHOOTING	29	Goals from 30 Yards Out	Score a goal 30 yards out or further 6 times in your career	6		6	LONG SHOTS +1
SHOOTING	30	Goals from Volleys	Score from a volley 5 times in your career	5		5	VOLLEYS +2
SHOOTING	31	Goals from Penalty Shots	Score from a penalty 3 times in your career	3		3	PENALTIES +1
SHOOTING	32	Goals from Volleys Outside the Box	Score from a volley outside the box 3 times in your career	3		3	SHOT POWER +1
SHOOTING	33	Goals from Layoff Passes	Score a goal with a layoff pass 7 times in your career	7		7	FINISHING +1
SHOOTING	34	Goals from Diving Headers	Score with a diving header 5 times in your career	5		5	HEADING +1
SHOOTING	35	Goals from the Weak Foot Outside the Box	Score a goal with your weak foot outside the box 60 times in your career	60		60	LONG SHOTS +1
SHOOTING	36	Goals from Volleys with your Weak Foot	Score from a volley with your weak foot 4 times in your career	4		4	VOLLEYS +2
SHOOTING	37	Goals	Score a goal 33 times in your career	33		33	PENALTIES +1
SHOOTING	38	Goals from the Weak Foot Outside the Box	Score a goal with your weak foot outside the box 8 times in your career	8		8	SHOT POWER +1
SHOOTING	39	Goals from Free Kicks	Score from a free kick 5 times in your career	5		5	FK ACCURACY +2
SHOOTING	40	Goals from Volleys Inside the Box	Score from a volley inside the box 8 times in your career	8		8	FINISHING +1
SHOOTING	41	Goals from Volleys Outside the Box	Score from a volley outside the box 7 times in your career	7		7	LONG SHOTS +1
SHOOTING	42	Goals from Penalty Shots	Score from a penalty 10 times in your career	10		10	PENALTIES +3
SHOOTING	43	Goals from Outside The Box	Score a goal outside the box 20 times in your career	20		20	SHOT POWER +2
SHOOTING	44	Goals from Volleys Outside the Box	Score from a volley outside the box 10 times in your career	10		10	VOLLEYS +2
SHOOTING	45	Goals from within 3 yards	Score 15 times in your career from within 3 yards	15		15	FINISHING +1
SHOOTING	46	Goals from Laces Shots Outside the Box	Drill in a goal with laces outside the box 20 times in your career	20		20	LONG SHOTS +2
SHOOTING	47	Goals from Penalty Shots	Score from a penalty 15 times in your career	15		15	PENALTIES +3
SHOOTING	48	Physical Accomplishments	Unlock 42 Physical Accomplishments	42		42	SHOT POWER +1
SHOOTING	49	Goals from the Weak Foot Outside the Box	Score a goal with your weak foot outside the box 10 times in your career	10		10	WEAK FOOT ABILITY +1
SHOOTING	50	Goals from Free Kicks	Score from a free kick 10 times in your career	10		10	FK ACCURACY +3
SHOOTING	51	Goals from Headers	Score with a header 33 times in your career	33		33	HEADING +1
SHOOTING	52	Goals from Volleys	Score from a volley 25 times in your career	25		25	VOLLEYS +2
SHOOTING	53	Goals	Score a goal 100 times in your career as part of a club	100		100	FINISHING +1
SHOOTING	54	Goals from Outside The Box	Score a goal outside the box 40 times in your career	40		40	LONG SHOTS +1
SHOOTING	55	Shots on Target	Make 300 accurate shots on target in your career as part of a club	300		300	SHOT POWER +1
GOALKEEPER	1	Diving Saves	Make a diving save 10 times in your career	10		10	GK DIVING +1
GOALKEEPER	2	Catches	Catch an oncoming shot 12 times in your career	12		12	GK HANDLING +1
GOALKEEPER	3	Matches Completed	Play 7 matches as part of a club as a goalkeeper in your career	7		7	GK KICKING +4
GOALKEEPER	4	Punches	Charge and punch the ball to make a clearance 4 times in your career	4		4	GK POSITIONING +1
GOALKEEPER	5	Diving Saves	Make a diving save 15 times in your career	15		15	GK REFLEXES +1
GOALKEEPER	6	Diving Saves	Make a diving save 24 times in your career	24		24	GK DIVING +1
GOALKEEPER	7	Saves from Corners	Make a save from a corner 8 times in your career	8		8	GK POSITIONING +1
GOALKEEPER	8	Catches	Catch an oncoming shot 24 times in your career	24		24	GK HANDLING +1
GOALKEEPER	9	Matches Completed	Play 13 matches as part of a club as a goalkeeper in your career	13		13	GK KICKING +4
GOALKEEPER	10	Diving Saves	Make a diving save 36 times in your career	36		36	GK REFLEXES +2
GOALKEEPER	11	Matches Completed	Play 14 matches as part of a club as a goalkeeper in your career	14		14	GK DIVING +1

CATEGORY	NO.	SECTOR	DESCRIPTION	TOTAL AMOUNT NEEDED	AMOUNT GAINED	AMOUNT REMAINING	ACCOMPLISHMENT
GOALKEEPER	12	Punches	Charge and punch the ball to make a clearance 12 times in your career	12		12	GK POSITIONING +2
GOALKEEPER	13	Catches	Catch an oncoming shot 36 times in your career	36		36	GK HANDLING +1
GOALKEEPER	14	Double Saves	Make a double save 12 times in your career	12		12	GK REFLEXES +2
GOALKEEPER	15	Man of the Match	Win the Man of the Match Award 5 times in your career as a goalkeeper	5		5	GK KICKING +1
GOALKEEPER	16	Diving Saves	Make a diving save 70 times in your career	70		70	GK DIVING +1
GOALKEEPER	17	Catches	Catch an oncoming shot 72 times in your career	72		72	GK HANDLING +2
GOALKEEPER	18	Saves from Corners	Make a save from a corner 20 times in your career	20		20	GK POSITIONING +2
GOALKEEPER	19	Saves from Corners	Make a save from a corner 30 times in your career	30		30	GK REFLEXES +1
GOALKEEPER	20	Matches Completed	Play 33 matches as part of a club as a goalkeeper in your career	33		33	GK KICKING +2
GOALKEEPER	21	Penalty Saves	Save a penalty shot 3 times in your career	3		3	GK DIVING +1
GOALKEEPER	22	Man of the Match	Win the Man of the Match Award 6 times in your career as a goalkeeper	6		6	GK HANDLING +1
GOALKEEPER	23	Penalty Saves	Save a penalty shot 5 times in your career	5		5	GK POSITIONING +2
GOALKEEPER	24	Penalty Saves	Save a penalty shot twice in your career	2		2	GK REFLEXES +1
GOALKEEPER	25	Man of the Match	Win the Man of the Match Award 10 times in your career as a goalkeeper	10		10	GK DIVING +1
GOALKEEPER	26	Penalty Saves	Save a penalty 8 times in your career	8		8	GK HANDLING +2
GOALKEEPER	27	Matches Completed	Play 67 matches as part of a club as a goalkeeper in your career	67		67	GK KICKING +4
GOALKEEPER	28	Man of the Match	Win the Man of the Match Award 12 times in your career as a goalkeeper	12		12	GK POSITIONING +1
GOALKEEPER	29	Man of the Match	Win the Man of the Match Award 15 times in your career as a goalkeeper	15		15	GK REFLEXES +1
GOALKEEPER	30	Diving Saves	Make a diving save 300 times in your career	300		300	GK DIVING +1
GOALKEEPER	31	Matches Completed	Play 90 matches as part of a club as a goalkeeper in your career	90		90	GK HANDLING +1
GOALKEEPER	32	Matches Completed	Play 100 matches as part of a club as a goalkeeper in your career	100		100	GK KICKING +1
GOALKEEPER	33	Matches Completed	Play 110 matches as part of a club as a goalkeeper in your career	110		110	GK POSITIONING +1
GOALKEEPER	34	Matches Completed	Play 105 matches as part of a club as a goalkeeper in your career	105		105	GK REFLEXES +1
TRAITS & CELEBRATIONS	1	Passing Accomplishments	Complete 2 Passing Accomplishments	2		2	EARLY CROSS TRAIT
TRAITS & CELEBRATIONS	2	Passing Accomplishments	Complete 5 Passing Accomplishments	5		5	DRIVEN PASS TRAIT
TRAITS & CELEBRATIONS	3	Total Accomplishment Unlock Percentage	Complete 8% of all Accomplishments	8		8	NEW CELEBRATIONS 6
TRAITS & CELEBRATIONS	4	Total Accomplishment Unlock Percentage	Complete 10% of all Accomplishments	10		10	NEW CELEBRATIONS 7
TRAITS & CELEBRATIONS	5	Total Accomplishment Unlock Percentage	Complete 15% of all Accomplishments	15		15	NEW CELEBRATIONS 8
TRAITS & CELEBRATIONS	6	Passing Accomplishments	Complete 15 Passing Accomplishments	15		15	FANCY PASSES TRAIT
TRAITS & CELEBRATIONS	7	Total Accomplishment Unlock Percentage	Complete 20% of all Accomplishments	20		20	NEW CELEBRATIONS 9
TRAITS & CELEBRATIONS	8	Passing Accomplishments	Complete 20 Passing Accomplishments	20		20	FANCY FLICKS TRAIT
TRAITS & CELEBRATIONS	9	Total Accomplishment Unlock Percentage	Complete 25% of all Accomplishments	25		25	NEW CELEBRATIONS 10
TRAITS & CELEBRATIONS	10	Shooting Accomplishments	Complete 5 Shooting Accomplishments	5		5	NEW CELEBRATIONS 1
TRAITS & CELEBRATIONS	11	Physical Accomplishments	Complete 6 Physical Accomplishments	6		6	LONG THROW TRAIT
TRAITS & CELEBRATIONS	12	Mental Accomplishments	Complete 3 Mental Accomplishments	3		3	NEW CELEBRATIONS 2
TRAITS & CELEBRATIONS	13	Shooting Accomplishments	Complete 10 Shooting Accomplishments	10		10	NEW CELEBRATIONS 3
TRAITS & CELEBRATIONS	14	Ball Skills Accomplishments	Complete 3 Ball Skills Accomplishments	3		3	SKILLED DRIBBLING TRAIT
TRAITS & CELEBRATIONS	15	Defence Accomplishments	Complete 2 Defence Accomplishments	2		2	NEW CELEBRATIONS 4
TRAITS & CELEBRATIONS	16	Shooting Accomplishments	Complete 15 Shooting Accomplishments	15		15	FINESSE SHOT TRAIT
TRAITS & CELEBRATIONS	17	Physical Accomplishments	Complete 12 Physical Accomplishments	12		12	NEW CELEBRATIONS 3
TRAITS & CELEBRATIONS	18	GK Accomplishments	Complete 3 Goalkeeper Accomplishments	3		3	GK LONG THROW TRAIT
TRAITS & CELEBRATIONS	19	Ball Skills Accomplishments	Complete 8 Ball Skills Accomplishments	8		8	OUTSIDE FOOT SHOT TRAIT
TRAITS & CELEBRATIONS	20	Shooting Accomplishments	Complete 20 Shooting Accomplishments	20		20	PENALTY STUTTER TRAIT
TRAITS & CELEBRATIONS	21	GK Accomplishments	Complete 7 Goalkeeper Accomplishments	7		7	GK FLAT KICK TRAIT
TRAITS & CELEBRATIONS	22	Shooting Accomplishments	Complete 30 Shooting Accomplishments	30		30	DIVING HEADER TRAIT
TRAITS & CELEBRATIONS	23	Defence Accomplishments	Complete 8 Defence Accomplishments	8		8	ACROBATIC CLEARANCE TRAIT
TRAITS & CELEBRATIONS	24	Physical Accomplishments	Complete 30 Physical Accomplishments	30		30	SECOND WIND TRAIT

CATEGORY	NO.	SECTOR	DESCRIPTION	TOTAL AMOUNT NEEDED	AMOUNT GAINED	AMOUNT REMAINING	ACCOMPLISHMENT
TRAITS & CELEBRATIONS	25	Ball Skills Accomplishments	Complete 20 Ball Skills Accomplishments	20		20	SWERVE PASS TRAIT
TRAITS & CELEBRATIONS	26	Defence Accomplishments	Complete 14 Defence Accomplishments	14		14	POWER HEADER TRAIT
TRAITS & CELEBRATIONS	27	Shooting Accomplishments	Complete 40 Shooting Accomplishments	40		40	POWER FREE-KICK TRAIT
TRAITS & CELEBRATIONS	28	Physical Accomplishments	Complete 36 Physical Accomplishments	36		36	BICYCLE KICK TRAIT
TRAITS & CELEBRATIONS	29	GK Accomplishments	Complete 24 Goalkeeper Accomplishments	24		24	GK UP FOR CORNERS TRAIT
TRAITS & CELEBRATIONS	30	Physical Accomplishments	Complete 50 Physical Accomplishments	50		50	GIANT THROW TRAIT
KIT & APPEARANCE	1	Drawing Fouls	Get fouled & win 5 free kicks in your career	5		5	BLACK & GREY ANKLE TAPE
KIT & APPEARANCE	2	Total Accomplishment Unlock Percentage	Complete 6% of all Accomplishments	6		6	BOOTS PACK 1
KIT & APPEARANCE	3	Throw-Ins	Take 10 throw-ins through the course of your career	10		10	BLACK WRIST TAPE
KIT & APPEARANCE	4	Passing Accomplishments	Complete 10 Passing Accomplishments	10		10	UNDER ARMOUR w/ COLLAR
KIT & APPEARANCE	5	Total Accomplishment Unlock Percentage	Complete 12% of all Accomplishments	12		12	BOOTS PACK 2
KIT & APPEARANCE	6	Total Accomplishment Unlock Percentage	Complete 18% of all Accomplishments	18		18	BOOTS PACK 3+4
KIT & APPEARANCE	7	Throw-Ins	Take 20 throw-ins through the course of your career	20		20	COLOURED WRIST TAPE
KIT & APPEARANCE	8	Total Accomplishment Unlock Percentage	Complete 22% of all Accomplishments	22		22	BOOTS PACK 5+6
KIT & APPEARANCE	9	Total Accomplishment Unlock Percentage	Complete 30% of all Accomplishments	30		30	BOOTS PACK 8+9
KIT & APPEARANCE	10	Total Accomplishment Unlock Percentage	Complete 50% of all Accomplishments	50		50	BOOT PACK 10 + BLUE HAIR
KIT & APPEARANCE	11	Total Accomplishment Unlock Percentage	Complete 75% of all Accomplishments	75		75	AFRO HAIR STYLES
KIT & APPEARANCE	12	Play in the Rain	Play your first match as a Pro in rainy weather conditions	1		1	LONG SLEEVE SHIRT
KIT & APPEARANCE	13	Play in the Snow	Play your first match as a Pro in snowy weather conditions	1		1	BLACK WINTER GLOVES
KIT & APPEARANCE	14	Matches Completed	Complete 10 matches with your Virtual Pro as the goalkeeper	10		10	GK GLOVE PACK 1
KIT & APPEARANCE	15	Revenge Tackles	Tackle an opponent that has previously fouled you twice in your career	2		2	HIGH SOCK LENGTH
KIT & APPEARANCE	16	Mental Accomplishments	Complete 6 Mental Accomplishments	6		6	MEDIUM LENGTH HEAR STYLES
KIT & APPEARANCE	17	GK Accomplishments	Complete 5 Goalkeeper Accomplishments	5		5	GK GLOVE PACK 2
KIT & APPEARANCE	18	Physical Accomplishments	Complete 18 Physical Accomplishments	18		18	UNDER ARMOUR SHIRT
KIT & APPEARANCE	19	Physical Accomplishments	Complete 24 Physical Accomplishments	24		24	COLOURED WINTER GLOVES
KIT & APPEARANCE	20	GK Accomplishments	Complete 10 Goalkeeper Accomplishments	10		10	GK GLOVE PACK 3
KIT & APPEARANCE	21	GK Accomplishments	Complete 14 Goalkeeper Accomplishments	14		14	BLACK GK HELMET
KIT & APPEARANCE	22	Mental Accomplishments	Complete 14 Mental Accomplishments	14		14	LONG HAIR STYLES
KIT & APPEARANCE	23	Mental Accomplishments	Complete 20 Mental Accomplishments	20		20	BOOTS PACK 7
KIT & APPEARANCE	24	GK Accomplishments	Complete 17 Goalkeeper Accomplishments	17		17	GK GLOVE PACK 4
KIT & APPEARANCE	25	Ball Skills Accomplishments	Complete 15 Ball Skills Accomplishments	15		15	LOW SOCK HEIGHT
KIT & APPEARANCE	26	Mental Accomplishments	Complete 25 Mental Accomplishments	25		25	GREEN HAIR
KIT & APPEARANCE	27	GK Accomplishments	Complete 20 Goalkeeper Accomplishments	20		20	GK PANTS
KIT & APPEARANCE	28	GK Accomplishments	Complete 28 Goalkeeper Accomplishments	28		28	GK HELMET
KIT & APPEARANCE	29	Matches Completed	Make your first appearance as a Virtual Pro in any match	1		1	SHIRT UNTUCKED
KIT & APPEARANCE	30	Drawing Fouls	Get fouled & win A free kick for your team twice in your career	2		2	WHITE ANKLE TAPE